

FRIENDS OF THE PARK

- Busch Photos Photography, Lena, IL
 - Doc's Excavating, Inc., Winslow, IL
 - Lena Fast Stop, Lena, IL
 - Citizens State Bank, Lena, IL
 - Drs. Dammann & Wolfe Dentists, Lena, IL
 - Dash's Modern Pumping Service, Orangeville, IL
 - Superior Heating & Air Conditioning, Inc., Lena, IL
 - Monroe Clinic, Lena, IL
 - Barkau Automotive, Stockton, IL
 - Engel's Jewelry & Gifts, Lena, IL
 - Beach's Supper Club, Lena, IL
 - Lily Pad Garden & Nursery, Lena, IL
 - Burbach Aquatics, Inc., Platteville, WI
 - Hlava Industrial Welding, Inc., Rockford, IL
 - The Agency, Lena, IL
 - Skate Station, Lena, IL
 - Checkered Flag Auto Body, Lena, IL
 - Lena State Bank, Lena, IL
 - Carol Heinrich Ace Certified Personal Trainer
 - Gasco Inc.
 - Family Healthcare Center, Lena, IL
 - Sullivans Foods, Lena, IL
 - My Friend's Closet Thrift Shop, Lena, IL
 - Bussian Insurance, Lena, IL
 - Oellerich Landscaping, Inc., Lena, IL
 - Lingle Design Group, Inc. Lena, IL
 - Adkins Energy, LLC, Lena, IL
 - Fehr-Graham & Associates, LLC, Freeport, IL
 - Lena Sign Shop, Lena, IL
 - Lena Living Center, LLC, Lena, IL
 - Pat Brown Realtors, Lena, IL
 - Brinker's Pit Stop, Lena, IL
 - Community Bank, Lena, IL
 - Lehmann Design Associates, Lena, IL
-

Lena Community Park District
609 N. Schuyler
Lena, Illinois 61048

LENA COMMUNITY PARK DISTRICT

Fall Bike Tour

Lena, Illinois



**Saturday,
September 19, 2009
7:00 a.m.**

A pancake breakfast will be available from 6:30 to 10:30 a.m. at Lena Lion's park shelter. Cost for the breakfast is included in the fee for the bike tour. If you are not participating in the tour breakfast is \$5.00.

Register by Friday, September 12th

609 North Schuyler, Lena, IL 61048

Office: 815-369-5351

Fax: 815-369-4142

Website: www.lenaparks.org

Email: lenapark@aeroinc.net



Lena's Fall Bike Tour

Enjoy the fall weather and scenery with this event Saturday, September 19th. You will have your choice to participate in a 10, 30 or 62 mile ride. There will be refreshments the day of the event! Be sure not to miss this years bike tour. Cost is \$20. A t-shirt is guaranteed to all who register by September 12th. Any registrations after September 12th will be \$25.



WHEN: Saturday, September 19, 2009 7:00 AM

FEE: \$20.00 if registered by Sept. 12th
\$25.00 if registered after Sept. 12th

WHERE: Lion's Park

Fall Festival 5K Run/Walk

Don't forget to register for the annual Fall Festival 5K Run/Walk. As usual, this event will be held the Saturday morning of Fall Festival weekend. There will be prizes and refreshments! A t-shirt is guaranteed to all who register by September 5th. Cost is \$15 for those who register by September 5th and \$18 for those who register after this date.

WHEN: Saturday, September 12, 2009 8:30 AM

FEE: \$15.00 if registered by Sept. 5th
\$18.00 if registered after Sept. 5th

WHERE: Lion's Park

REGISTRATION FORM

Please complete and return to the park office.
Checks payable to Lena Community Park District

PLEASE READ AND SIGN WAIVER TO COMPLETE REGISTRATION

To participants and Parent of Child: You are solely responsible for determining if you and/or your child are physically fit and/ or skilled for the program identified. It is always advisable, especially if the participant is pregnant, disabled in any way or recovering from a recent illness, injury or impairment, to consult a physician before undertaking any physical activity. By signing this form, you are certifying to the Lena Community Park District that you have authority to act as guardian of your child.

I recognize and acknowledge there are certain risks of injury to participate in this program and I voluntarily agree to assume full risk of and all injuries, damages or losses, regardless of severity, which I or my child may sustain as a result of participating in this activity, whether known or unknown present or future. This release shall extend to and be for the benefit of the Lena Community Park District.

I HAVE READ AND FULLY UNDERSTAND THE ABOVE IMPORTANT INFORMATION, WARNING OF RISK AND RELEASE OF ALL CLAIMS.

Participants' Signature (age 18 or older) Date

Parent/Guardian Signature (under age 18) Date

PARTICIPATION WILL BE DENIED IF THE SIGNATURE OF AN ADULT PARTICIPANT OR THE PARENT/GUARDIAN OF A CHILD AND THE DATE ARE NOT ENTERED ON THIS WAIVER.

Name

Address

City

State

Zip

Phone and/or Cell

CHECK ONE

MALE

FEMALE

CHECK ONE FOR T-SHIRT SIZE

SMALL

MEDIUM

LARGE

XL

XXL

CHECK ONE FOR BIKE TOUR

10 MILES

30 MILES

62 MILES

SIGNATURE

DATE